

Session plan

	Key points / notes	Resources	Timings
Introducing the survey	<ul style="list-style-type: none"> Your school wants to understand more about the mental health and wellbeing of pupils of the school so they can plan what support to provide. Show the pupils the video about the survey. After the video, clarify that the survey is: <ul style="list-style-type: none"> ✓ an online survey about feelings, friendships and school life ✓ not a test ✓ completely anonymous - parents and teachers will not see any answers. Ask the pupils if they have any questions about the survey. Highlight who pupils can talk to if they think they need some help or support. Work through two example questions with the pupils to help them to understand how the questions work. 	<ul style="list-style-type: none"> Glossary PowerPoint Video 	10 minutes
Pupils completing the survey	<ul style="list-style-type: none"> Reiterate that pupils should not be looking at each other's answers. 	<ul style="list-style-type: none"> FAQs - Pupils FAQs - Teachers Glossary 	10 to 20 minutes NB pupils with specific needs may require longer

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Summary	<ul style="list-style-type: none">• Reiterate that the survey is anonymous, and no teachers will be able to see the answers -highlight once again the people in the school that pupils can talk to.• Ask the pupils for any questions that they may have about the survey, now that they have completed it.	<ul style="list-style-type: none">• None	5 minutes