



Wellbeing Measurement for Schools

Frequently asked questions by pupils



Evidence Based
Practice Unit

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FAQs: questions frequently asked by pupils

Why am I being asked to fill in this survey?

This will help us to learn about young people's mental health and emotional wellbeing. It will help your school to find out the best ways of helping young people to have good mental health and emotional wellbeing.

Who will see the answers I give?

The survey is anonymous. This means no one at your school will see the answers you give. All children and young people's answers will be collected together so that we can learn about how children and young people are feeling across the whole school.

As no one will see your answers, if you need to talk to someone about your feelings, you need to speak to a teacher or another adult you trust in school.

Will the survey affect us?

Answering the survey won't have immediate effects on you. But, we hope that the survey will help your school improve support for children and young people's emotional wellbeing.

FAQs: questions frequently asked by pupils

Some of the questions are very similar - is that a trick?

Some questions may sound very similar, but it's not a trick. Some questions may ask the same thing in different ways so that we can make sure we really understand how children and young people are feeling.

Is this a test?

No, this isn't a test. There are no right or wrong answers. The survey is just interested in learning about your thoughts and feelings.

Do I have to answer every question?

If you don't want to answer a question, that's okay. It's your choice which questions you answer. If you don't want to answer a question, just leave it blank and move onto the next one.

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