

CYP-LD: feedback & outcomes tools-experience and
issues:

*Can CYP IAPT Routine Outcome
Measures be used in a meaningful
way with CYP-LD and their Families?*

*A CYP-IAPT Leadership Project
(12.2012 - 07.2013)*

Julie Pill with Sam Shrubsole & Eddy Draper
(summarised by Ro Rossiter)

Project Background:

- Use of ROMS with CYP-LD & families not addressed in the CYP-IAPT user guidelines (CYP-IAPT 2012).
- Equalities legislation- reasonable adjustments
- Health inequalities
- Address unmet local/national practice need

Project Aim:

To consider views of:

- clinicians from LD CAMHS and Community CAMHS
- children, young people and their parents or carers who access these services (n=20 CYP-LD & families across Swindon, Wiltshire, Bath & NE Somerset (Oxford Health NHS Foundation Trust))
- To inform/improve local practice

Before:

- Meet with CYP & families to discuss project
- Benchmark current practice
- Hear about clinicians experiences, identify any potential barriers (Kline, 2009 positive and negative assumption exercise) - may affect ability to embed ROMS into daily clinical practice

14 clinicians – focused trial **SDQ, RCADS, SLDOM, goal based** and **ESQ** feedback

14 parents contacted- 4 questions for feedback

Before:

-ve assumptions

- limited experience
- added burden
- unsure how accessible, meaningful and appropriate the tools would be (?measuring changes in child's behaviour not family's ability to understand/manage it better)
- concerns families would not value ROMS

+ve assumptions

- therapeutic value of ROMS- how can clarify goals
- support the interventions not to drift
- can capture small changes made over an extended period
- may provide a method of capturing complexities of working with this group- could help inform commissioners about this specialised area of work

Project considered “technical” issues of tools & process as well as social, cultural and organisational issues (Bridges, 2009; Leigh & Maynard, 2002; Schein 2004; Sivers, 2010; Kotter, 2012)

After:

Findings from qualitative & quantitative data (practitioners and families) enabled us to:

- learn together and share good practice to improve the way we are using ROMS in our clinical practice
- produced a video recording incorporating our helpful hints, planning to develop into a training pack for others across the trust
- Link to developing national guidance through CYP-IAPT OEG
- Continue learning by doing – more on this in afternoon!