

Outcome Measures in Child and Youth Mental Health Services

Results from NHS England Survey

Luís Costa da Silva

Miranda Wolpert

About this report

[NHS](#) England commissioned the [Child Outcomes Research Consortium \(CORC\)](#) to find out which measures people are using and which they find useful.

This survey targeted children or young person who has been seen in a children or youth mental health service (CAMHS), parents or carers of a child or young person who has been seen by said services; or those who works in child or youth mental health services.

We aimed to capture their views on the use of **outcome measures** in these services. Outcome measures are questionnaires filled in by children, young people, their parents or carers or professionals.

These questionnaires are not perfect ways to measure change, but they make sure that children, young people and their families can see how they are progressing and can help services be more effective.

The aim of this survey was to inform the NHS so it can ensure it has the best measures in place.

Measures in the MHSDS

BPSES – Brief Self-Efficacy Scale

CAARMS – Comprehensive Assessment of At-Risk Mental States

CGAS – Children’s Global Assessment Scale

CORE-10 – Clinical Outcome Routine Evaluation 10

CORS/ORS – Child Outcome Rating Scale

CRIES 8 – Children’s Revised Impact of Event Scale

EDE-Q – Eating Disorder Examination Questionnaire

GAD-7 – Generalized Anxiety Disorder Assessment

GBO – Goal Based Outcomes

HoNOSCA – Health of the Nation Outcome Scales for Children and Adolescents

HoNOSCA-SR – Health of the Nation Outcome Scales for Children and Adolescents Self Report

M&MF/M&MS – Me and My Feelings Questionnaire/Me and My School Questionnaire

ODDp – Oppositional Defiance Disorder Parent Rated

PHQ-9 – Patient Health Questionnaire

RCADS – Revised Children’s Anxiety and Depression Scale

RCADS-P – Revised Children’s Anxiety and Depression Scale Parent Version

SCORE-15 – System Clinical Outcome and Routine Evaluation 15

SDQ – Strengths and Difficulties Self-Report

SDQ-P – Strengths and Difficulties Questionnaire Parent

SLDOM – Sheffield Learning Disabilities Outcome Measure

SWEMWBS – Short Warwick-Edinburgh Mental Wellbeing Scale

WEMWBS – Warwick-Edinburgh Mental Wellbeing Scale

MHSDS: Mental Health Services Data Set

Contents

- Who is in our sample?
- **Children and Young People**
 - CYP in our sample
 - What measures are being used
 - Who chooses the measures
 - Electronic collection
- **Parents and carers**
 - Where are parents located
 - Measures: which are used and who chooses them
 - Electronic collection

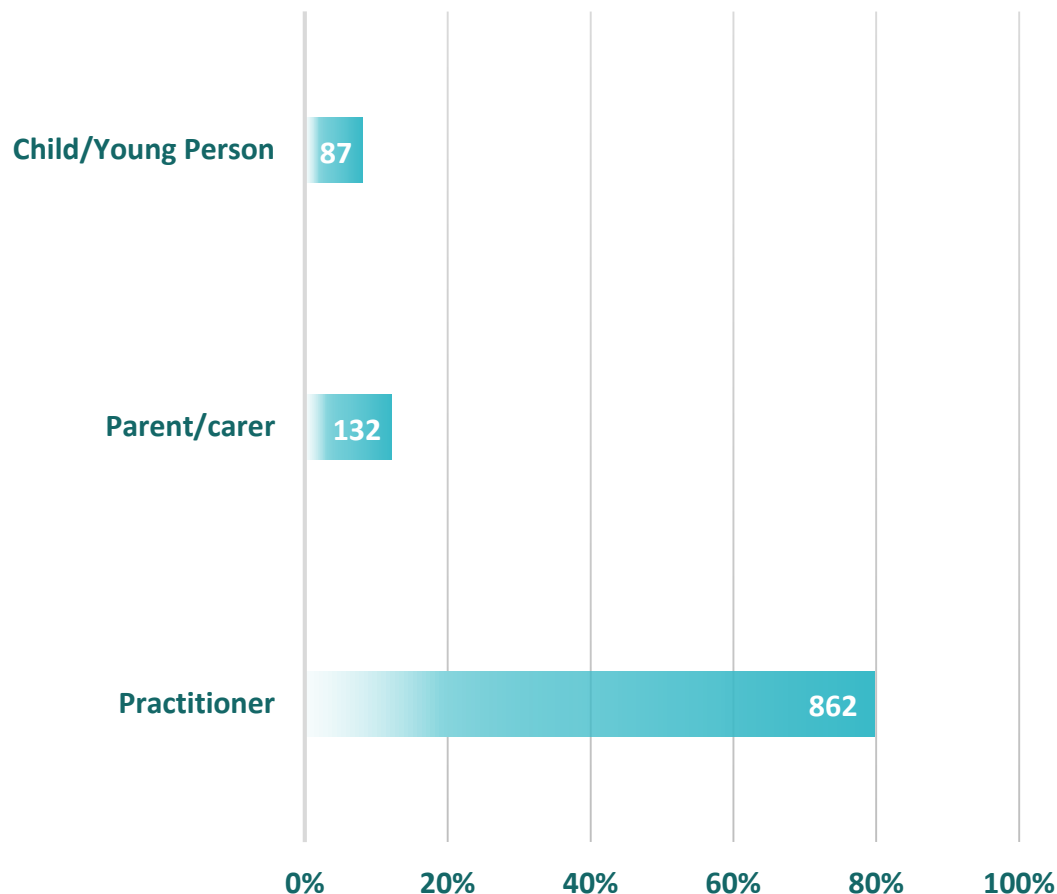
Contents

- **Practitioners**
 - Service
 - Profession
 - Sector
 - Location
 - CYP-reported measures
 - Parent-reported measures
 - Practitioner reported measures
 - Electronic collection

Summary Findings

- A total of 1081 people took part of this survey. 87 were children and young people, 132 were parents or carers, and 862 were practitioners. Children and Young people were 18 years old on average, having accessed a Mental Health service at the age of 14 on average.
- The most used measure by children and young people was the **GAD-7**. The least used measure was **SCORE-15** and **WEMWBS**. About 80% of children said that the service chose the measures used.
- The most used measure by parents and carers was the **SDQ**. About 77% of parents said the service chose the measures used, and 81% reported they were never collected electronically.
- Most practitioners worked in a Community (Outpatient) service and worked for the NHS.
- The most used child-reported measure by practitioners was the **SDQ**. The measure found most useful was the **SCORE-15**. The most used parent-reported measure by practitioners was the **RCADS**, also deemed the most useful. The most used practitioner-reported measure was **HoNOSCA**, but this instrument was found the least useful.

Who is in our sample?



Who?	How many?
Practitioner	862
Parent/carer	132
Child/Young Person	87
Total	1081

Data was collected online (via SurveyMonkey) by **CORC**, between July and September 7th.

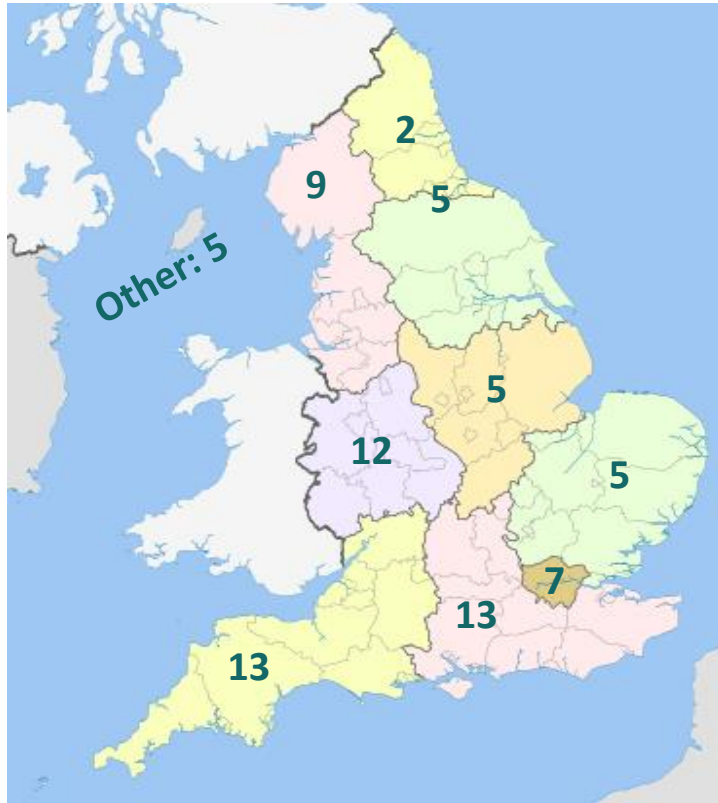
Children and Young People



Children & Young People in our sample



Where did CYP access the service?



N = 67

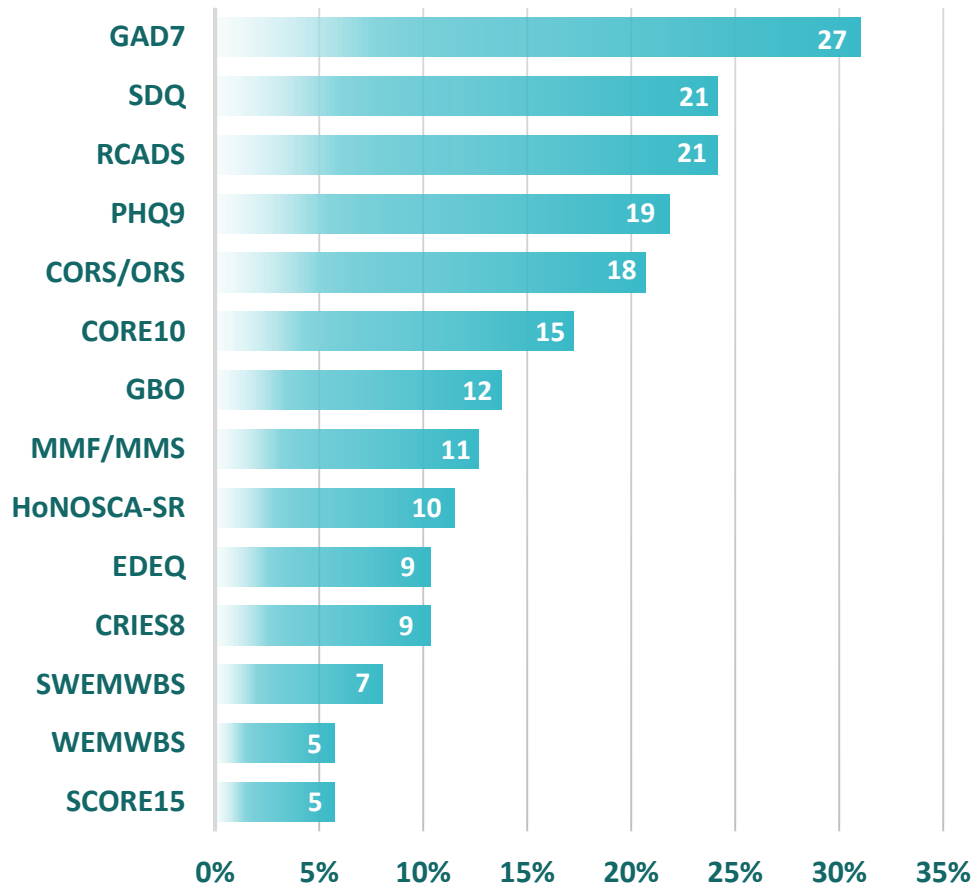
Average Age	Average Age when access service
18.2	14.2

Our sample had **81** children and young people, with an average age of **18**.

On average, children and young people accessed a Mental Health service at the age of **14**.

18% of them accessed a service within South East and South West.

CYP: *what measures are being used?*



N = 87

The most used measure by children and young people was the **GAD-7** (31% reported having used this measure), followed by the SDQ (24%), RCADS and PHQ-9 (21% and 19%, respectively).

The least used measure was **SCORE-15** and **WEMWBS** (~6%)

The chart on the left shows the number of children and young people which reported having used each measure.

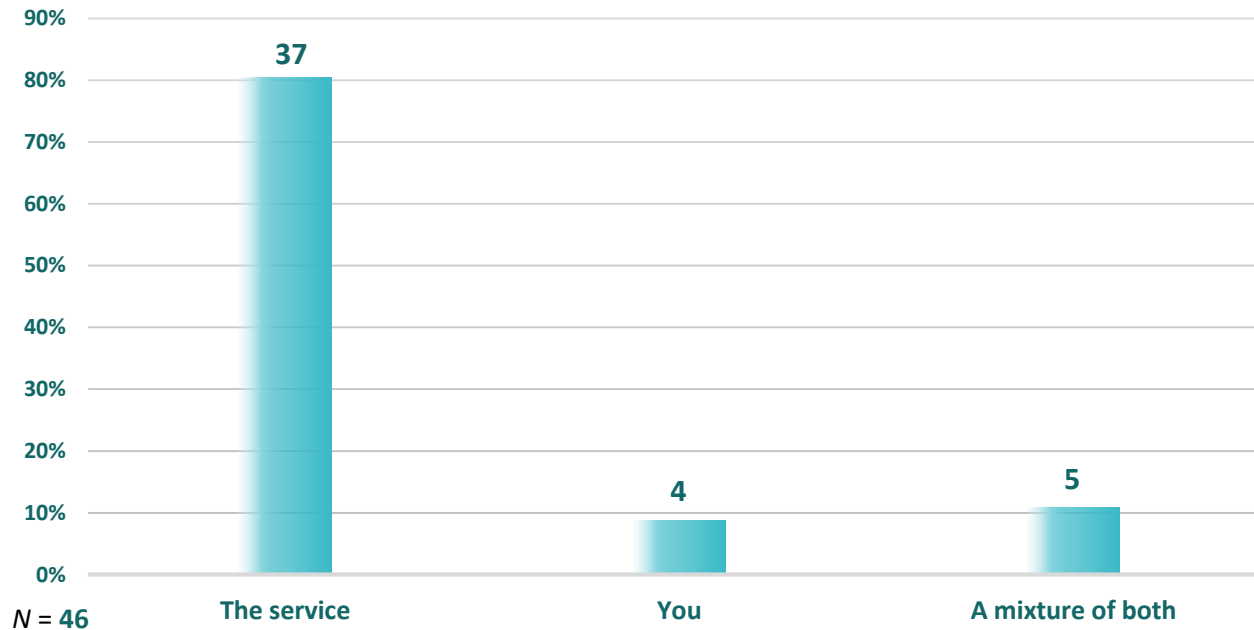
CYP: *what measures are being used?*



The table below shows the number of children and young people who have **used** each measure by region. Measures are ranked from least used (in general) to most used (in general).

Measure	East Midlands	East of England	Greater London	North East	North West	Other	South East	South West	West Midlands	Yorkshire & Hum.
SCORE-15	0	0	0	0	1	2	0	0	2	0
WEMWBS	0	0	2	0	0	1	0	0	2	0
SWEMWBS	0	0	3	0	0	1	0	0	3	0
CRIES-8	0	0	2	1	2	1	1	2	0	0
EDE-Q	0	0	1	0	0	2	2	2	2	0
HoNOSCA-SR	0	0	3	0	1	2	1	0	2	1
MMF	0	0	3	1	1	2	0	1	3	0
GBO	1	0	2	0	2	2	1	0	4	0
CORE-10	0	1	2	0	2	2	3	2	3	0
CORS/ORS	0	0	2	2	4	2	3	3	2	0
PHQ-9	2	1	2	0	0	3	4	3	4	0
RCADS	1	1	2	1	2	2	4	3	4	1
SDQ	1	0	2	2	3	2	4	2	5	0
GAD-7	2	1	4	0	2	3	6	3	6	0
<i>Total CYP</i>	5	2	7	2	9	5	13	13	12	5

CYP: *who chooses the measures?*



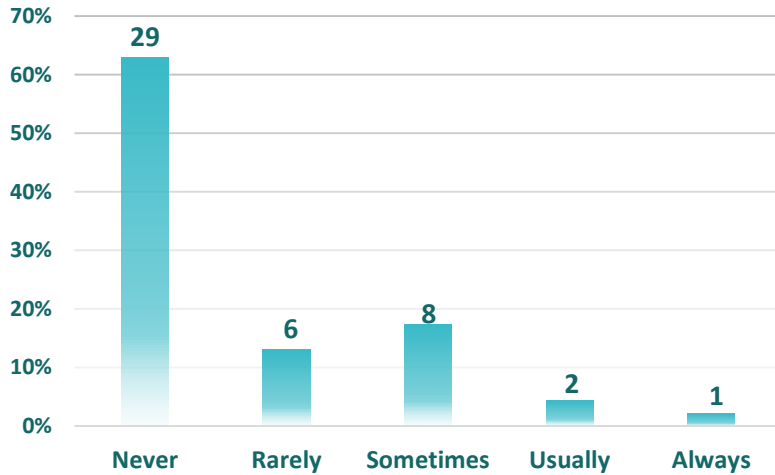
About **80%** (37) children and young people said that the service chose the measures used.

Only about 10% (4) said they chose the measures.

CYP: *electronic collection*



ARE THE MEASURES COMPLETED ELECTRONICALLY?



N = 46

In the West Midlands, **7 out of 12** children and young people said they never completed the measures electronically.

29 children and young people said the measures are **never** filled electronically. Only 1 child or young person said measures were always collected electronically (South East region).

	Never	Rarely	Sometimes	Usually	Always
<i>East Midlands</i>	3	0	0	0	0
<i>East of England</i>	0	1	0	0	0
<i>Greater London</i>	2	1	1	0	0
<i>North East</i>	0	0	2	0	0
<i>North West</i>	4	1	0	1	0
<i>Other</i>	3	1	0	0	0
<i>South East</i>	5	0	2	0	1
<i>South West</i>	3	1	2	1	0
<i>West Midlands</i>	7	1	1	0	0
<i>Yorkshire & Humber</i>	2	0	0	0	0

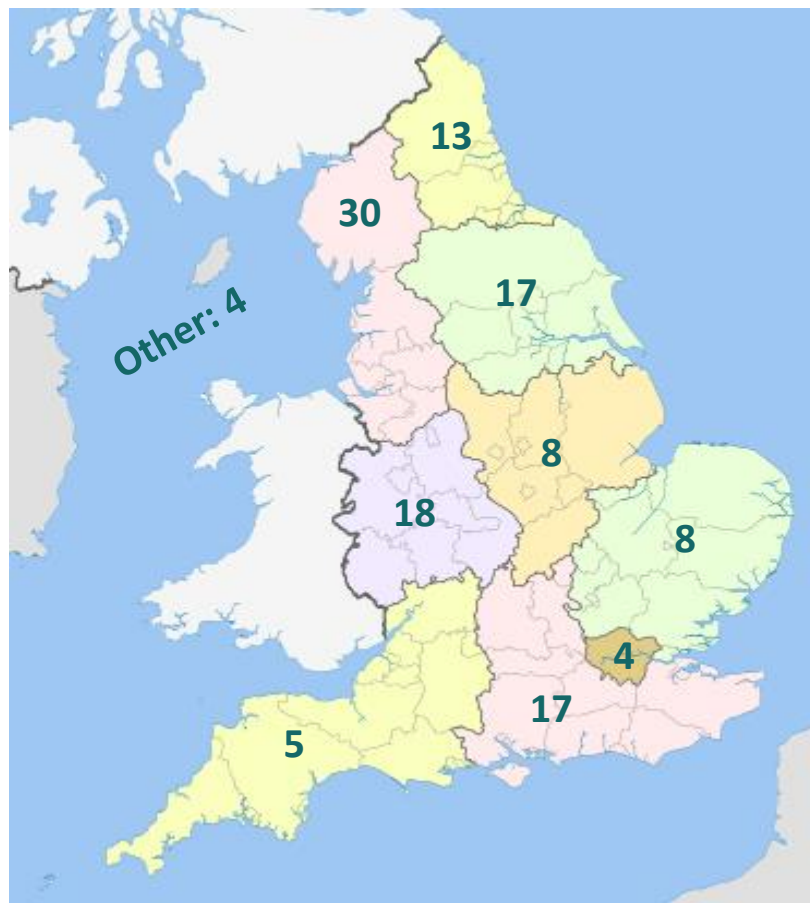
Parents and Carers



Parents and carers: *where?*



Where did parents say CYP accessed the service?



N = 132

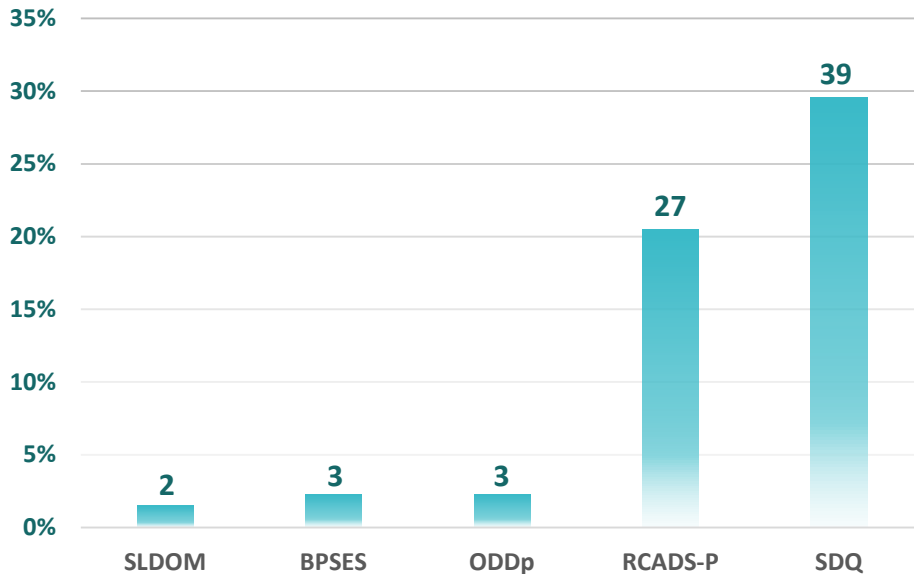
According to parents and carers, children and young people accessed Mental Health services mostly in the North East of England (22%)

Services in Greater London were the least accessed, with only 4 parents/carers reporting that their children and young people accessed services in this area.

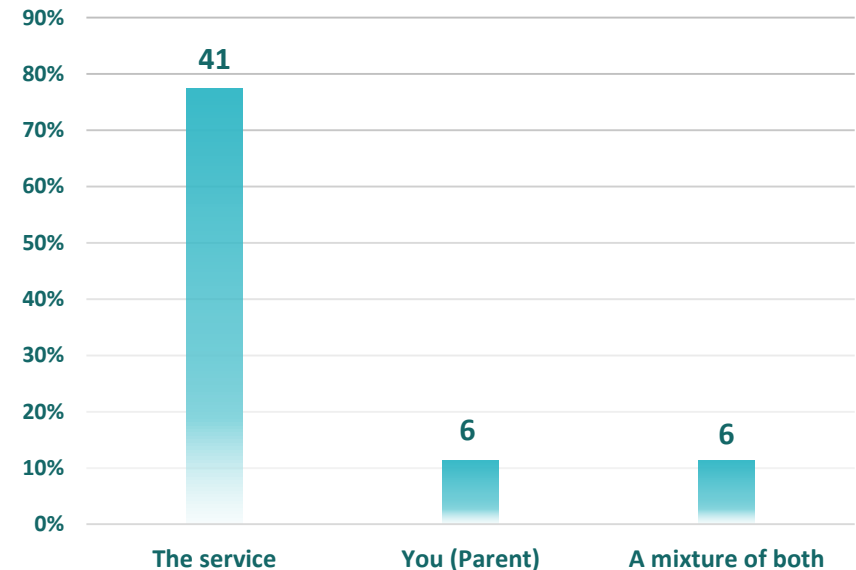
Parents and carers: *measures*



WHAT MEASURES ARE BEING USED?



WHO CHOOSES THE MEASURES USED?



N = 53

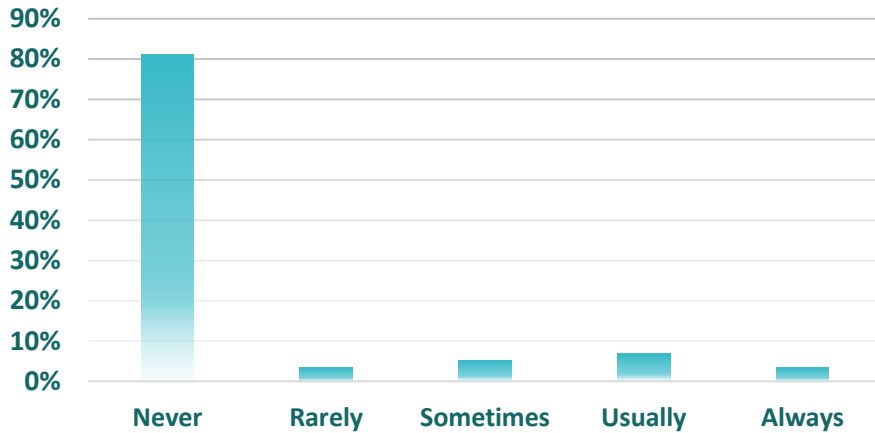
The most used measure by parents and carers was the **SDQ** (29% of parents/carers report having used it).

77% of parents/carers said the service chose the measures used.

Parents and carers: *electronic collection*



ARE THE MEASURES COLLECTED ELECTRONICALLY?



According to parents and carers, the measures were mostly **never** collected electronically (**81%**).

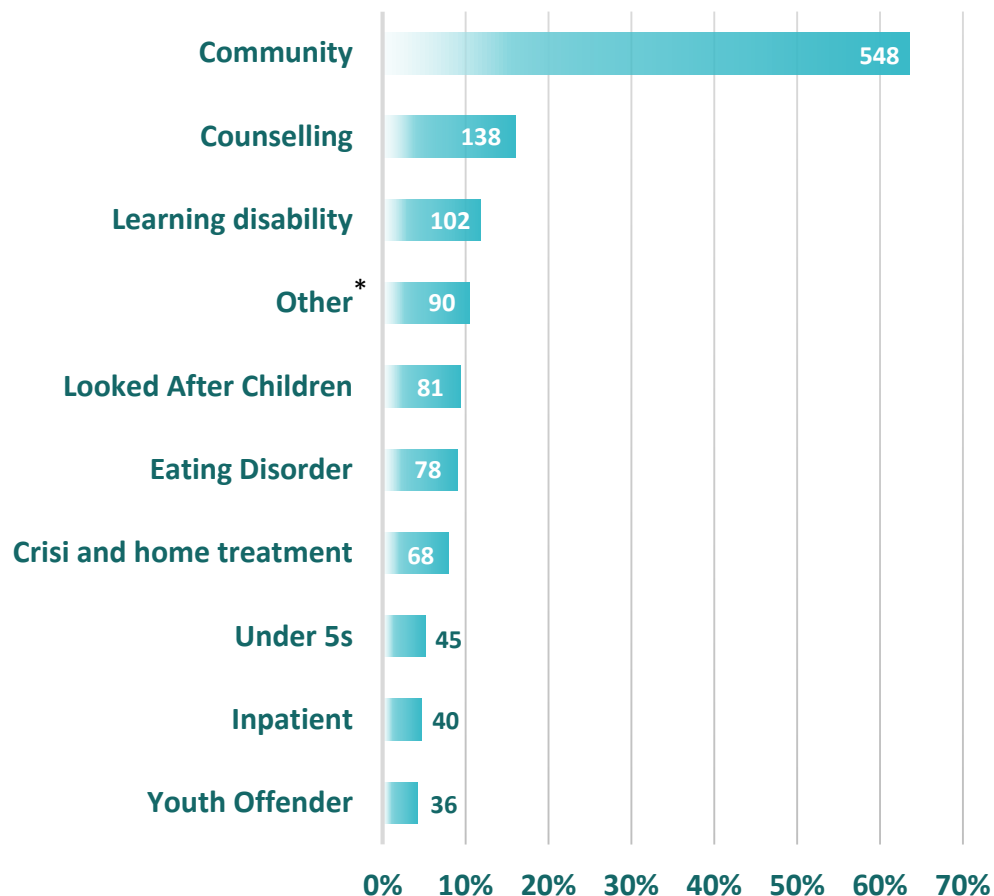
Services in the North East, Yorkshire & the Humber and West Midlands were particularly reported as never collecting measures electronically.

	Always	Never	Rarely	Sometimes	Usually
<i>East Midlands</i>	0	1	0	1	0
<i>East of England</i>	0	1	0	0	0
<i>Greater London</i>	0	3	0	0	0
<i>North East</i>	0	12	0	0	2
<i>North West</i>	1	4	0	0	1
<i>Other</i>	1	2	0	0	0
<i>South East</i>	0	4	1	0	1
<i>South West</i>	0	1	0	1	0
<i>West Midlands</i>	0	9	0	1	0
<i>Yorkshire & Humber</i>	0	10	1	0	0

Practitioners



Practitioners: *service*



N = 862

Multiple categories were allowed, percentages may not add up to 100%

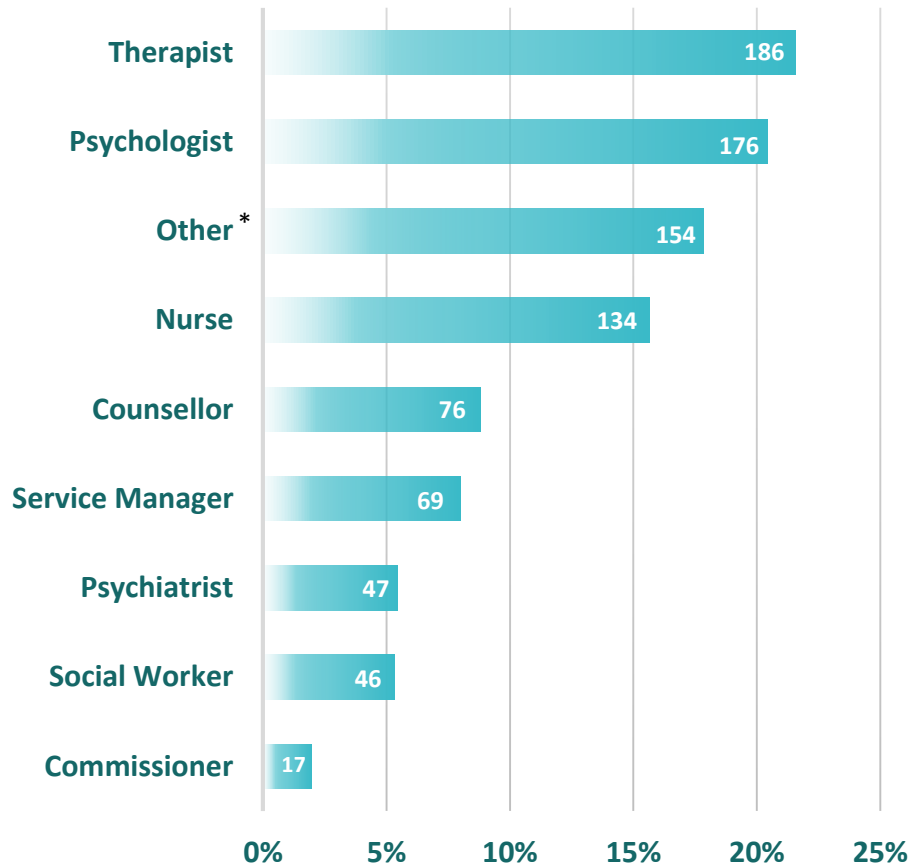
Most practitioners (**63%**) who answered the survey worked in Community (Outpatient) services.

About **16%** worked in Counselling services.

The least represented service was Youth Offender, with only **36** practitioners who worked on this setting answering the survey.

***Other Services** included Online providers, A&E, Wellbeing Services, MH Charities, etc.

Practitioners: *profession*



186 practitioners (21%) who answered the survey were Therapists and 20% worked as Psychologists.

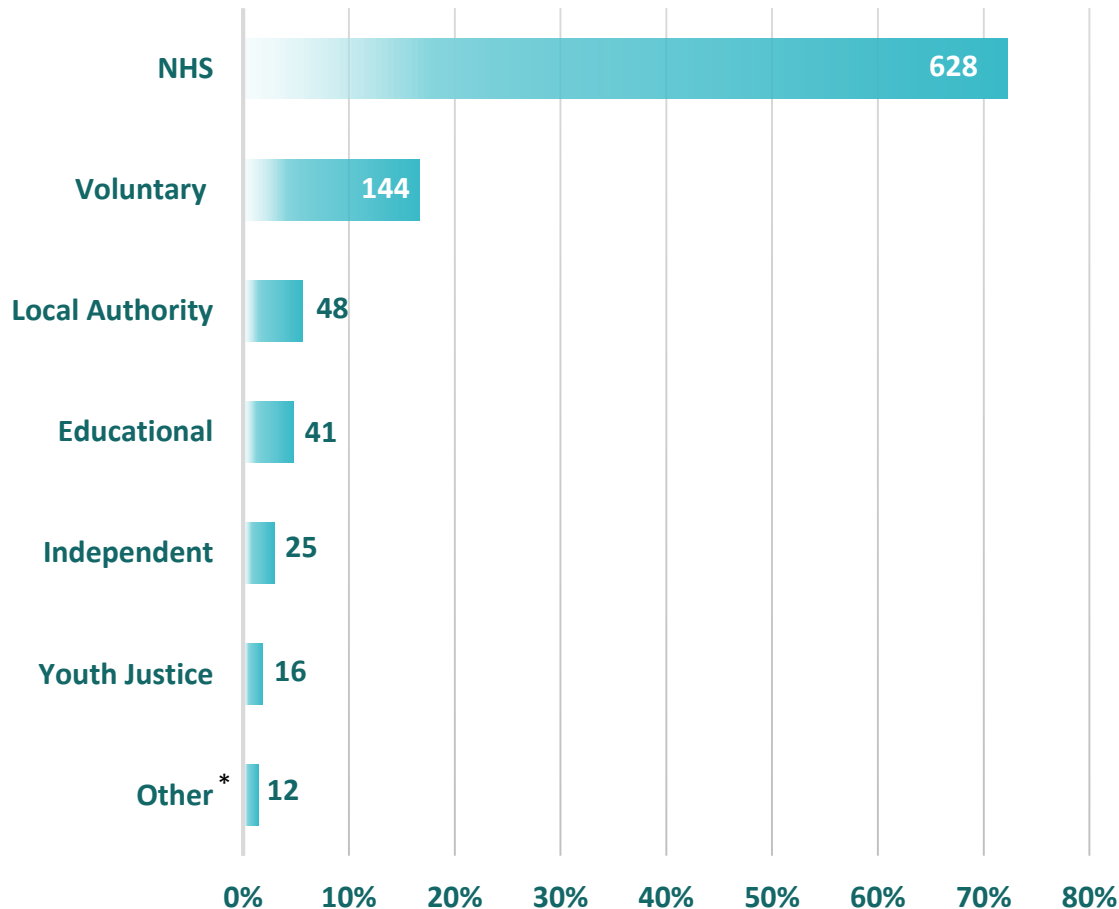
The least represented profession was Commissioners, with only 17 practitioners.

***Other Professions** included Local Government Workers, Assistant Psychologist, Occupational Therapist, Art Therapist, etc.

N = 862

Multiple categories were allowed, percentages may not add up to 100%

Practitioners: *sector*



N = 862

Most practitioners (**72%**) worked for the NHS.

144 practitioners worked in the voluntary sector (e.g. Mental Health charity), 48 worked for a Local Authority; 41 worked in an educational setting (e.g. a school or college); and 25 worked in an independent (private) setting.

The least represented sector was Youth Justice, with only **12** practitioners.

***Other** included, for example, Virgin Care.

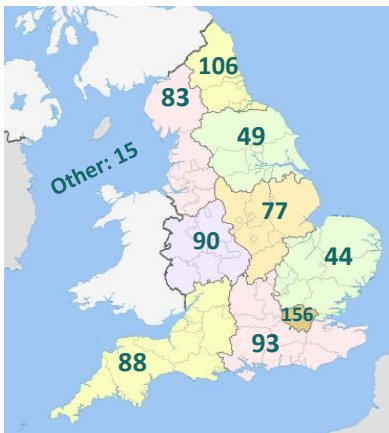
Practitioners: *location*



Almost **20%** of practitioners worked in Greater London.

The least represented region was the East of England, with **44** practitioners working in this area.

***Other** included practitioners that worked across the UK, Jersey, Isle of Wight, and Northern Ireland.

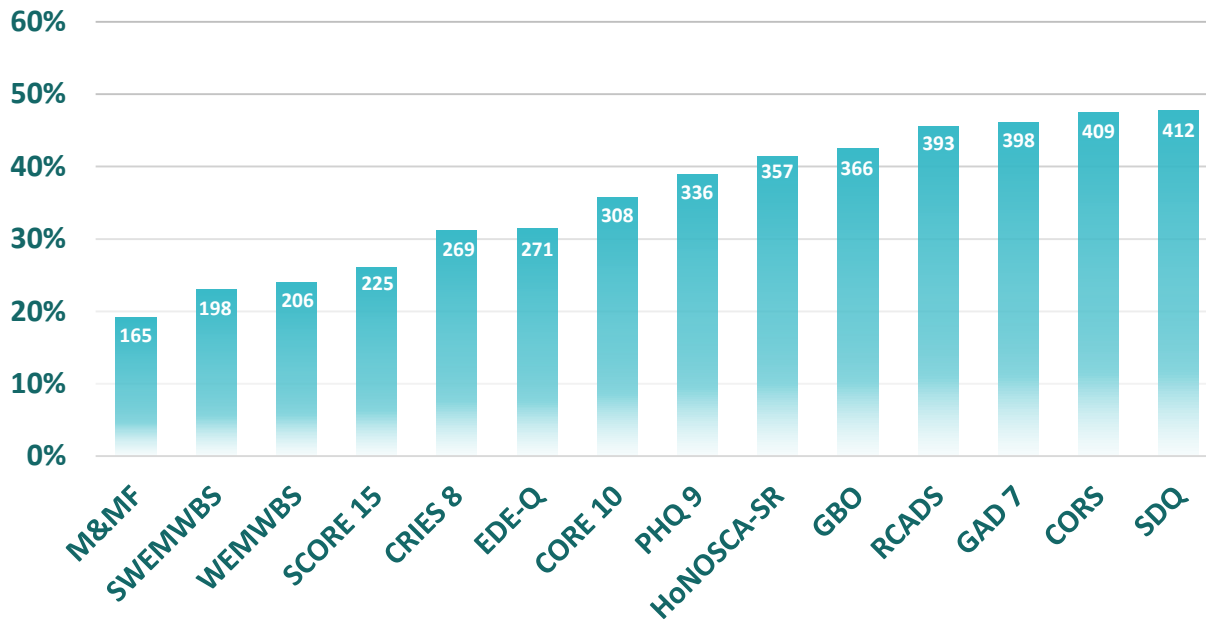


N = 801

Practitioners: *CYP-reported measures*



HOW MANY ARE AWARE?



N = 862

Practitioners were least aware of **M&MF/M&MS** (~20%) and most aware of the **SDQ** (~48%).

The chart on the left shows the number of practitioners who said were aware of each measure.

Practitioners: CYP-reported measures



The table below shows the number of practitioners **aware** of each measure by region, with the percentage of practitioners per region. Measures are ranked from least aware (in general) to most aware (in general). The child-reported measure(s) practitioners were most aware of in the region is highlighted in bold.

Measure	East Midlands	East of England	Greater London	North East	North West	Other	South East	South West	West Midlands	Yorkshire & Hum.
MM&F	12 (16%)	7 (16%)	37 (24%)	16 (15%)	21 (25%)	3 (20%)	20 (22%)	16 (18%)	18 (20%)	15 (31%)
SWEMWBS	10 (13%)	8 (18%)	36 (23%)	16 (15%)	32 (39%)	5 (33%)	27 (29%)	21 (24%)	25 (28%)	17 (35%)
WEMWBS	9 (12%)	7 (16%)	41 (26%)	17 (16%)	29 (35%)	5 (33%)	27 (29%)	25 (28%)	29 (32%)	16 (33%)
SCORE 15	17 (22%)	10 (23%)	49 (31%)	29 (27%)	29 (35%)	5 (33%)	27 (29%)	20 (23%)	23 (26%)	16 (33%)
CRIES 8	26 (34%)	21 (48%)	61 (39%)	19 (18%)	35 (42%)	3 (20%)	33 (35%)	30 (34%)	22 (24%)	18 (37%)
EDE-Q	29 (38%)	12 (27%)	65 (42%)	21 (20%)	25 (30%)	2 (13%)	37 (40%)	30 (34%)	29 (32%)	20 (41%)
CORE 10	27 (35%)	15 (34%)	64 (41%)	33 (31%)	36 (43%)	6 (40%)	42(45%)	31 (35%)	33 (37%)	20 (41%)
PHQ-9	32 (42%)	16 (36%)	71 (46%)	31 (29%)	30 (36%)	5 (33%)	49 (53%)	38 (43%)	37 (41%)	27 (55%)
HoNOSCA-SR	34 (44%)	16 (36%)	84 (54%)	34 (32%)	29 (35%)	7 (47%)	42 (45%)	38 (43%)	45 (50%)	28 (57%)
GBO	27 (35%)	20 (45%)	81 (52%)	49 (46%)	38 (46%)	5 (33%)	47 (51%)	39 (44%)	38 (42%)	22 (45%)
RCADS	39 (35%)	20 (45%)	82 (53%)	50 (47%)	43 (52%)	9 (60%)	42 (45%)	41 (47%)	41 (46%)	26 (53%)
GAD 7	36 (47%)	16 (36%)	85 (54%)	47 (44%)	44 (53%)	9 (60%)	49 (53%)	38 (43%)	42 (47%)	31 (63%)
CORS	35 (45%)	18 (41%)	84 (54%)	57 (54%)	44 (53%)	9 (60%)	50 (54%)	46 (52%)	36 (40%)	29 (59%)
SDQ	40 (52%)	18 (41%)	92 (59%)	57 (54%)	41 (49%)	8 (53%)	46 (49%)	38 (43%)	46 (51%)	25 (51%)
No. Practitioners	77	44	156	106	83	15	93	88	90	49

Practitioners: CYP-reported measures



Measure	Have used the measure	Have used and found helpful	%
SCORE 15	62 (7%)	59	95%
RCADS	402 (47%)	298	74%
GBO	342 (40%)	233	68%
CRIS 8	140 (16%)	93	66%
PHQ-9	195 (23%)	127	65%
CORS	347 (40%)	221	64%
EDE-Q	99 (11%)	60	61%
GAD 7	265 (31%)	153	58%
CORE 10	123 (14%)	65	53%
SDQ	485 (56%)	215	44%
MM&F	44 (5%)	19	43%
WEMWBS	56 (6%)	24	43%
SWEMWBS	97 (11%)	27	28%
HoNOSCA-SR	227 (26%)	51	22%



N = 862

The most used children-reported measure was the **SDQ**, with 485 (56%) practitioners reporting using it. The least used measure was **MM&F**, with only 44 (5%) practitioners reporting using this instrument.

95% of practitioners who have used **SCORE-15** also found it helpful. Conversely, **HoNOSCA-SR** was only found helpful by 22% of those who had used it. The chart on the right shows the percentages of clinicians who have found a measure to be helpful having used it.

Practitioners: CYP-reported measures



Measure	East Midlands	East of England	Greater London	North East	North West	Other	South East	South West	West Midlands	Yorkshire & Hum.
M&MF	3 (4%)	2 (5%)	12 (8%)	4 (4%)	3 (4%)	1 (7%)	6 (6%)	5 (6%)	3 (3%)	5 (10%)
WEMWBS	3 (4%)	4 (9%)	14 (9%)	4 (4%)	7 (8%)	1 (7%)	5 (5%)	5 (6%)	7 (8%)	5 (10%)
SWEMWBS	2 (3%)	5 (10%)	15 (10%)	5 (5%)	12 (14%)	1 (7%)	6 (6%)	3 (3%)	7 (8%)	5 (10%)
SCORE 15	8 (10%)	3 (7%)	23 (15%)	12 (11%)	7 (8%)	2 (13%)	16 (17%)	13 (15%)	8 (9%)	5 (10%)
EDE-Q	2 (3%)	2 (5%)	28 (18%)	2 (2%)	8 (10%)	2 (13%)	11 (12%)	16 (18%)	14 (16%)	14 (29%)
CORE 10	5 (6%)	6 (14%)	32 (21%)	12 (11%)	17 (20%)	2 (13%)	15 (16%)	18 (20%)	12 (13%)	4 (8%)
CRIS 8	10 (13%)	11 (25%)	39 (25%)	6 (6%)	10 (12%)	1 (7%)	24 (26%)	22 (25%)	12 (13%)	5 (10%)
PHQ-9	14 (18%)	14 (32%)	58 (37%)	21 (20%)	19 (23%)	3 (20%)	22 (24%)	17 (19%)	16 (18%)	11 (22%)
HoNOSCA-SR	16 (21%)	18 (41%)	40 (26%)	33 (31%)	17 (20%)	2 (13%)	23 (25%)	29 (33%)	32 (36%)	17 (35%)
GAD-7	20 (26%)	23 (52%)	62 (40%)	21 (20%)	28 (34%)	5 (33%)	30 (32%)	31 (35%)	28 (31%)	16 (33%)
GBO	25 (32%)	18 (41%)	79 (51%)	48 (45%)	34 (41%)	5 (33%)	38 (41%)	40 (45%)	32 (36%)	23 (47%)
CORS/ORS	44 (57%)	12 (27%)	68 (44%)	54 (51%)	27 (33%)	6 (40%)	33 (35%)	46 (52%)	31 (34%)	26 (53%)
RCADS	43 (56%)	20 (45%)	94 (60%)	45 (42%)	35 (42%)	5 (33%)	44 (47%)	49 (56%)	44 (49%)	23 (47%)
SDQ	43 (56%)	26 (59%)	100 (64%)	61 (58%)	47 (57%)	8 (53%)	52 (56%)	57 (65%)	62 (69%)	29 (59%)
No. Practitioners	77	44	156	106	83	15	93	88	90	49

The table above shows the number of practitioners who have **used** each measure by region, with percentage of practitioners per region. Measures are ranked from least used (in general) to most used (in general). Most used measure in each region is highlighted in **bold**.

Practitioners: *CYP-reported measures*



Measure	NHS	Voluntary	Educational	Local Authority	Independent
M&MF	37	5	6	4	3
WEMWBS	43	11	4	1	2
SWEMWBS	45	17	2	2	2
SCORE 15	82	10	3	3	2
EDE-Q	92	7	2	3	1
CORE 10	80	41	9	7	8
CRIES 8	128	7	4	8	3
PHQ-9	147	35	7	11	6
HoNOSCA-SR	213	11	6	9	6
GAD-7	212	41	12	14	8
GBO	275	53	9	15	8
CORS/ORS	284	52	11	23	10
RCADS	342	37	10	32	9
SDQ	389	69	18	30	16

This table shows the number of practitioners who have **used** each child-reported measure by sector. Measures are ranked from least used (in general) to most used (in general).

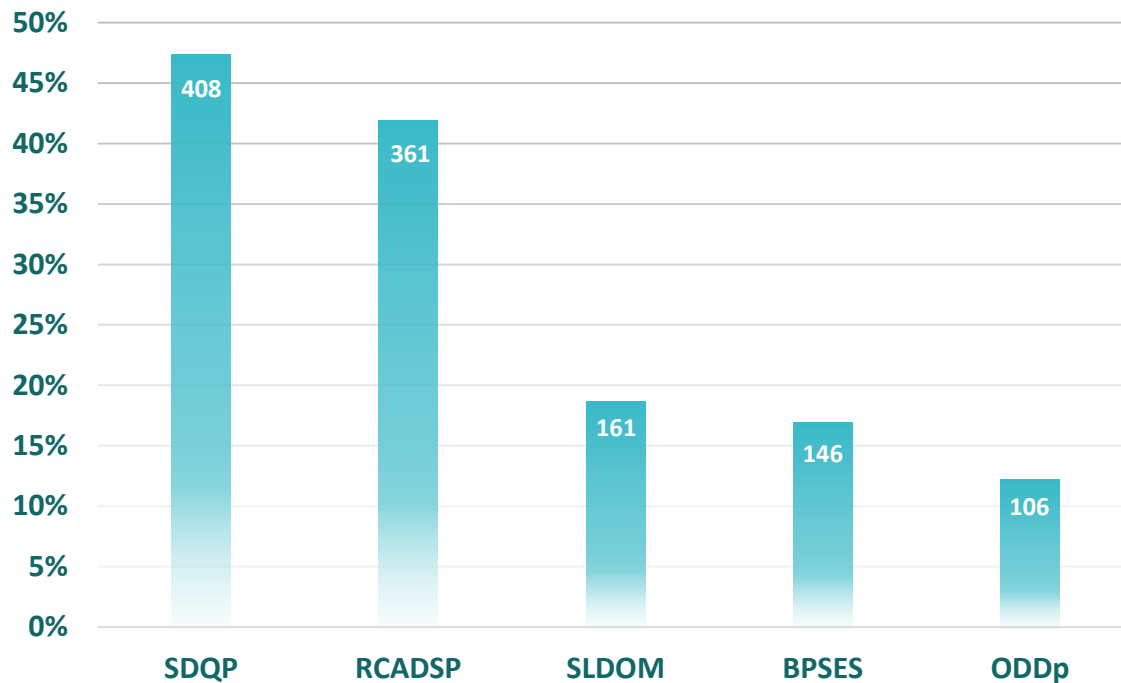
Most used measure in the sector highlighted in **bold**.

Apart from the local authority sector (in which RCADS was the most used measure), the **SDQ** was the most used measure across the NHS, the voluntary, educational and independent sectors.

Practitioners: *parent-reported measures*



HOW MANY PRACTITIONERS ARE AWARE OF THESE MEASURES?



N = 862

The chart on the left shows the number of practitioners who were aware of each parent-reported measure.

Practitioners were least aware of **ODDp** (only 106 out of 862 reported awareness of this instrument) and most aware of the **SDQ-P** (~48%).

Practitioners: *parent-reported measures*



The table below shows the number of practitioners **aware** of each measure by region, percentage of practitioners per region. Measures are ranked from least aware (in general) to most aware (in general). The parent-reported measure practitioners were most aware of in the region is highlighted in bold.

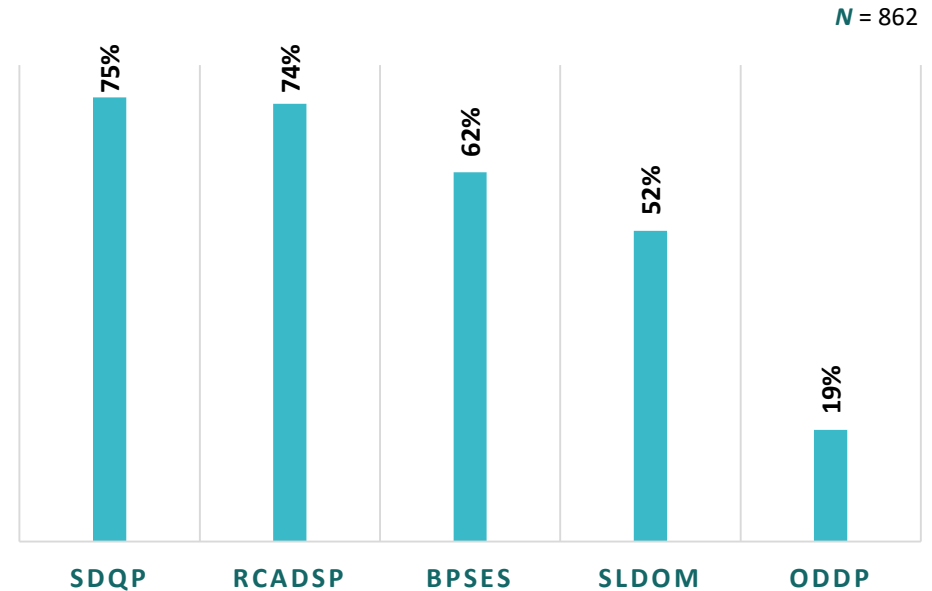
Measure	East Midlands	East of England	Greater London	North East	North West	Other	South East	South West	West Midlands	Yorkshire & Hum
SDQP	38 (49%)	17 (39%)	85 (54%)	60 (57%)	45 (54%)	9 (60%)	46 (49%)	40 (45%)	40 (44%)	27 (55%)
RCADSP	37 (48%)	17 (39%)	78 (50%)	48 (45%)	35 (42%)	8 (53%)	42 (45%)	38 (43%)	35 (39%)	23 (47%)
SLDOM	13 (17%)	6 (14%)	36 (23%)	16 (15%)	20 (24%)	2 (13%)	13 (14%)	22 (25%)	21 (23%)	12 (24%)
BPSES	9 (12%)	5 (11%)	41 (26%)	10 (9%)	17 (20%)	1 (7%)	17 (18%)	16 (18%)	18 (20%)	12 (24%)
ODDp	5 (6%)	3 (7%)	23 (15%)	11 (10%)	15 (18%)	1 (7%)	10 (11%)	9 (10%)	16 (18%)	12 (24%)
<i>No. Practitioners</i>	77	44	156	106	83	15	93	88	90	49

N = 862

Practitioners: *parent-reported measures*



Measure	Have used the measure	Have used and found helpful	%
SDQ-P	346 (40%)	258	75%
RCADS-P	351 (41%)	258	74%
BPSES	50 (6%)	31	62%
SLDOM	46 (5%)	24	52%
ODDp	16 (2%)	3	19%



The most used parent-reported measure was the **RCADS-P**, with 351 practitioners reporting having used it. 74% of those also found the measure useful. **ODDp** was the least used parent-reported measure, with only 16 practitioners reporting having used it and only 2 of those reporting they found it useful.

Practitioners: *parent-reported measures*



The table below shows the number of practitioners who have **used** each parent-reported measure by region, with percentage of practitioners per region in brackets. Measures are ranked from least used (in general) to most used (in general). Most used measure in each region is highlighted in **bold**.

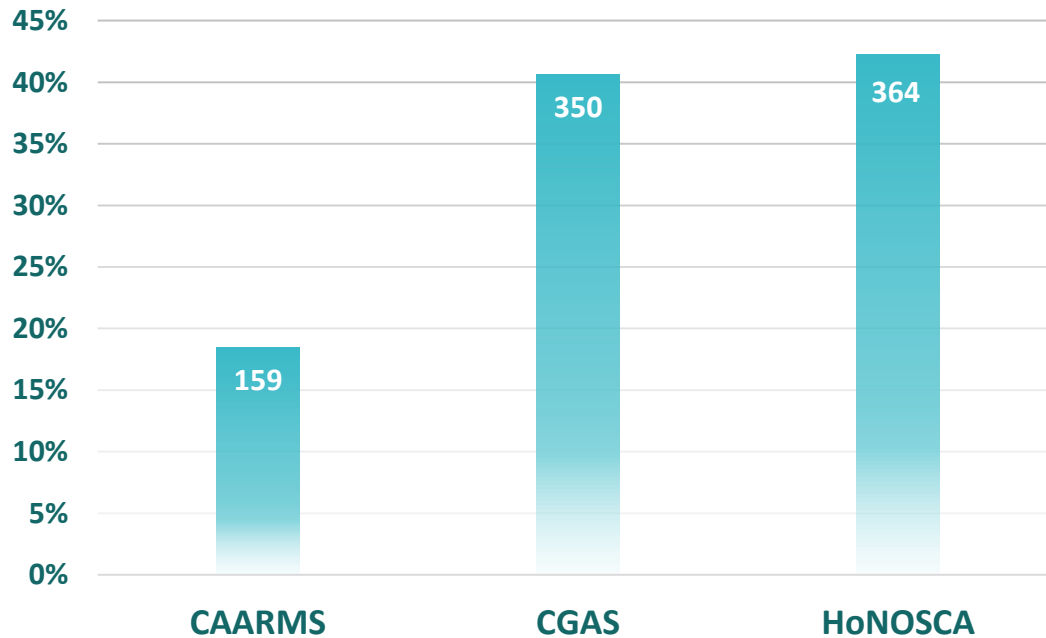
The **SDQ-P** was the most used measure across all regions (however, **RCADS** is still the most used measure overall, with 351 practitioners reporting having used it against the 346 which have used **SDQ-P**)

Measure	East Midlands	East of England	Greater London	North East	North West	Other	South East	South West	West Midlands	Yorkshire & Hum.
ODDp	1 (1%)	0 (0%)	5 (3%)	1 (1%)	2 (2%)	0 (0%)	3 (3%)	1 (1%)	1 (1%)	2 (4%)
SLDOM	2 (3%)	0 (0%)	8 (5%)	6 (6%)	5 (6%)	0 (0%)	6 (6%)	7 (8%)	8 (9%)	4 (8%)
BPSES	0 (0%)	2 (5%)	19 (12%)	1 (1%)	4 (5%)	0 (0%)	9 (10%)	5 (6%)	7 (8%)	3 (6%)
SDQ-P	41 (53%)	24 (55%)	99 (63%)	57 (54%)	37 (45%)	8 (53%)	49 (63%)	55 (63%)	57 (63%)	30 (61%)
RCADS-P	37 (48%)	20 (45%)	82 (53%)	39 (37%)	25 (30%)	6 (40%)	38 (41%)	49 (56%)	37 (41%)	18 (37%)
<i>No. Practitioners</i>	77	44	156	106	83	15	93	88	90	49

Practitioners: *practitioner-reported measures*



HOW MANY PRACTITIONERS ARE AWARE OF THESE MEASURES?



The chart shows the number of practitioners who were aware of each of the practitioner-reported measures.

Practitioners were *least aware* of **CAARMS** (only 159 out of 862 reported awareness of this instrument) and *most aware* of the **HoNOSCA** (~42%).

Practitioners: *practitioner-reported measures*



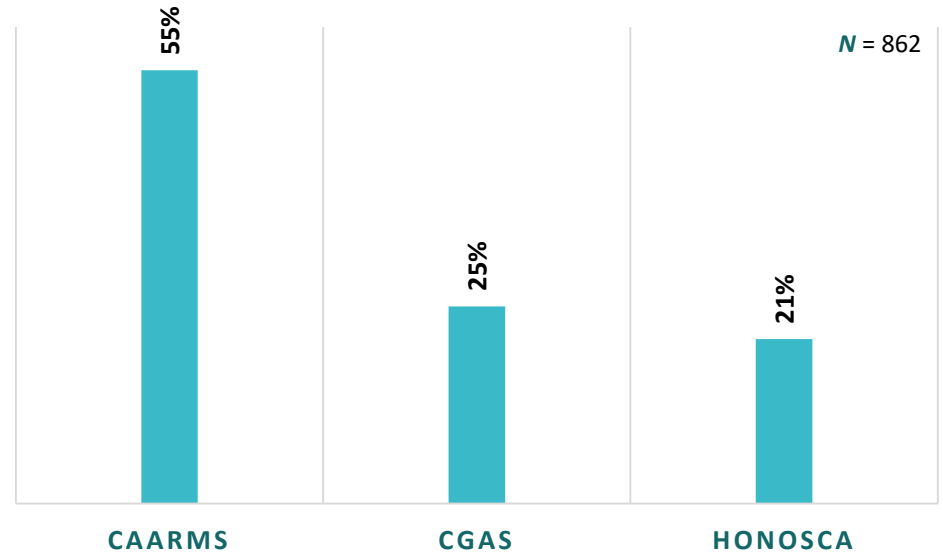
The table below shows the number of practitioners **aware** of each measure by region and the percentage of practitioners per region. Measures are ranked from least aware (in general) to most aware (in general). Measures that practitioners are most aware of by region are highlighted in **bold**.

Measure	East Midlands	East of England	Greater London	North East	North West	Other	South East	South West	West Midlands	Yorkshire & Hum.
CAARMS	11 (14%)	9 (20%)	34 (22%)	19 (18%)	18 (22%)	4 (27%)	10 (11%)	17 (19%)	19 (21%)	17 (35%)
CGAS	26 (24%)	17 (39%)	82 (53%)	37 (35%)	27 (33%)	8 (53%)	46 (49%)	34 (39%)	44 (49%)	28 (57%)
HoNOSCA	36 (47%)	15 (34%)	76 (49%)	36 (34%)	32 (39%)	10 (67%)	39 (42%)	44 (50%)	49 (54%)	27 (55%)
No. Practitioners	77	44	156	106	83	15	93	88	90	49

Practitioners: *practitioner-reported measures*



Measure	Have used the measure	Have used and found helpful	%
CAARMS	33 (4%)	18	54%
CGAS	290 (34%)	72	25%
HoNOSCA	256 (30%)	53	21%



Despite being the most used practitioner-reported measure, with 30% of all practitioners reporting having used it, the **HoNOSCA** was only found helpful by 21% of those who have used it. Conversely, **CAARMS** was the least used measure (4%), but about 54% of those who used it found it a helpful tool.

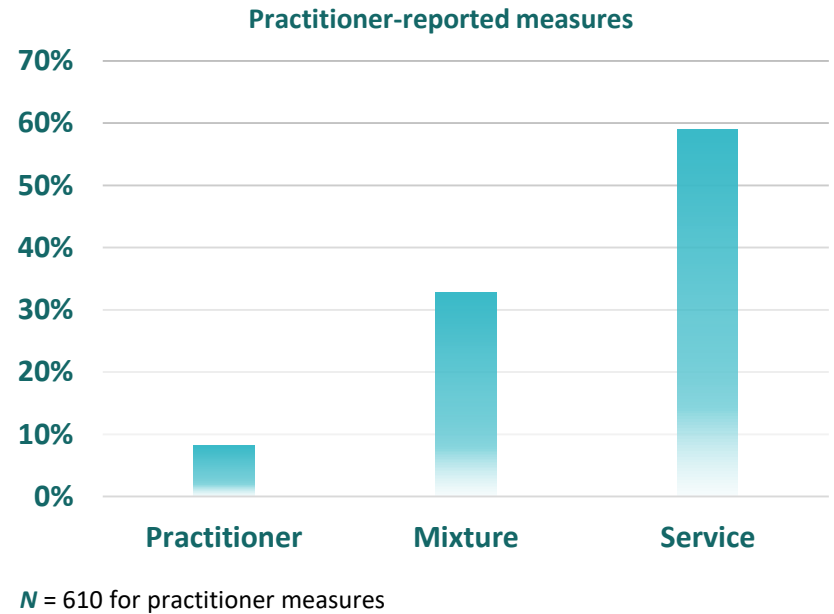
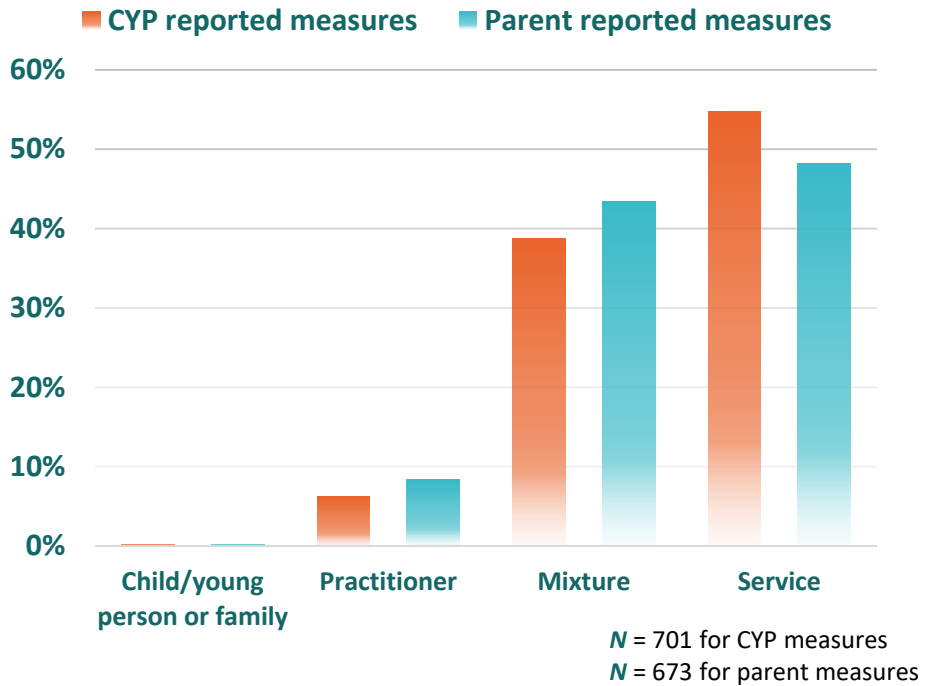
Practitioners: *practitioner-reported measures*



The table below shows the number of practitioners who have **used** each practitioner-reported measure by region, with percentage of practitioners per region in brackets. Measures are ranked from least used (in general) to most used (in general). Most used measure in each region is highlighted in **bold**.

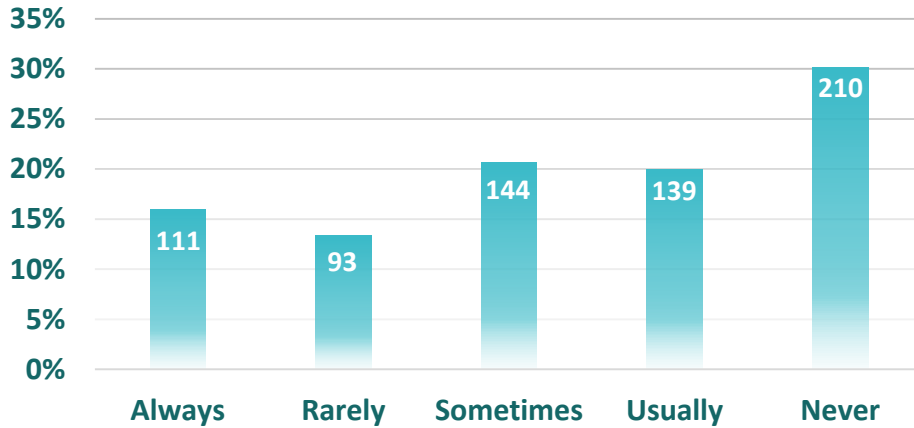
Measure	East Midlands	East of England	Greater London	North East	North West	Other	South East	South West	West Midlands	Yorkshire & Hum.
CAARMS	4 (5%)	1 (2%)	8 (3%)	3 (5%)	4 (5%)	2 (13%)	2 (2%)	2 (2%)	3 (3%)	3 (6%)
CGAS	27 (35%)	16 (36%)	72 (31%)	33 (17%)	14 (17%)	6 (40%)	42 (45%)	26 (30%)	34 (28%)	19 (39%)
HoNOSCA	21 (27%)	16 (36%)	48 (39%)	41 (31%)	26 (31%)	3 (20%)	26 (28%)	21 (24%)	36 (40%)	18 (37%)
No. Practitioners	77	44	156	106	83	15	93	88	90	49

Practitioners: *who chooses the measures?*



When asked who chooses the measures used, most practitioners reported that the **service** makes this choice for child-reported measures (~54%), parent-reported measures (~48%) and practitioner-reported measures (~59%). It is worth noting that children and young people never choose the measures used on their own, but according to some practitioners they can decide on this with the service and practitioner.

Practitioners: *electronic collection*



N = 697

Are the measures collected electronically?

About 30% of the practitioners reported that the measures are **never** collected electronically. This is particularly evident in Greater London, where 59 out of 138 practitioners report the same.

	East Midlands	East of England	Greater London	North East	North West	Other	South East	South West	West Midlands	Yorkshire & Hum.
<i>Always</i>	13	3	14	25	17	3	9	7	10	10
<i>Usually</i>	14	4	23	16	12	3	18	18	20	11
<i>Sometimes</i>	18	8	22	21	14	3	17	15	15	11
<i>Rarely</i>	9	6	20	7	8	0	12	13	7	11
<i>Never</i>	15	14	59	19	20	4	28	22	23	5

The table on the left shows a breakdown of these numbers by region.

In summary:

1081 people took part: 87 CYP, 132 parents/carers, and 862 practitioners.



- Most used measure by CYP was the **GAD-7**.
- The least used measure was **SCORE-15** and **WEMWBS**.
- About **80%** of CYP said that the service chose the measures used.



- The most used measure by parents and carers was the **SDQ**.
- **77%** of parents said the service chose the measures used
- **81%** reported they were never collected electronically.



- Most practitioners worked in a Community (Outpatient) service and on NHS
- Most used child-reported measure by practitioners was the **SDQ**.
- Measure found most useful was the **SCORE-15**.
- Most used parent-reported measure was the **RCADS** (also most useful)
- Most used practitioner-reported measure was **HoNOSCA** (but the least useful)