Treatment Outcomes Profile

Client ID _____

D.O.B. (dd/mm/yyyy) ___/___/___

Name of keyworker _____

TOP interview date (dd/mm/yyyy) ___/___/___

Gender: M ☐ F ☐

Treatment stage: Start ☐ Review ☐ Exit ☐ Post-treatment exit ☐

Total for NDTMS return

Section 1: Substance use (Use NA only if information is not disclosed or not answered)

Record the average amount on a using day and number of days substances used in each of past four weeks

		Average		Week 4		Week 3		Week 2		Week 1		Total	
a	Alcohol		units/day		0–7		0–7		0–7		0–7		0–28
b	Opiates/opioids (illicit)*		g/day		0–7		0–7		0–7		0–7		0–28
c	Crack		g/day		0–7		0–7		0–7		0–7		0–28
d	Cocaine		g/day		0–7		0–7		0–7		0–7		0–28
e	Amphetamines		g/day		0–7		0–7		0–7		0–7		0–28
f	Cannabis		spliff/day		0–7		0–7		0–7		0–7		0–28
g	Other problem substance? (name..................................)		g/day		0–7		0–7		0–7		0–7		0–28

*Includes street heroin and any non-prescribed opioid, such as methadone and buprenorphine

Section 2: Injecting risk behaviour (Use NA only if information is not disclosed or not answered)

Record number of days client injected non-prescribed drugs in past four weeks
(if no, enter zero and 'N', and go to section 3)

		Week 4		Week 3		Week 2		Week 1		Total	
a	Injected		0–7		0–7		0–7		0–7		0–28

b Inject with needle or syringe used by someone else? Yes ☐ No ☐

c Inject using a spoon, water or filter used by someone else? Yes ☐ No ☐

Enter 'Y' if any yes, otherwise 'N'

Section 3: Crime (Use NA only if information is not disclosed or not answered)

Record days of shoplifting, drug selling and other categories committed in past four weeks

		Week 4		Week 3		Week 2		Week 1		Total	
a	Shoplifting		0–7		0–7		0–7		0–7		0–28
b	Drug selling		0–7		0–7		0–7		0–7		0–28

c Theft from or of a vehicle Yes ☐ No ☐

d Other property theft or burglary Yes ☐ No ☐

e Fraud, forgery and handling stolen goods Yes ☐ No ☐

Enter 'Y' if any yes, otherwise 'N'

f Committing assault or violence Yes ☐ No ☐

Enter 'Y' or 'N'

Section 4: Health & social functioning (Use NA only if information is not disclosed or not answered)

a Client's rating of psychological health (anxiety, depression, problem emotions and feelings)

Poor 0 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 Good

0–20

Record days worked and at college or school for the past four weeks

		Week 4		Week 3		Week 2		Week 1		Total	
b	Days paid work		0–7		0–7		0–7		0–7		0–28
c	Days attended college or school		0–7		0–7		0–7		0–7		0–28

d Client's rating of physical health (extent of physical symptoms and bothered by illness)

Poor 0 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 Good

0–20

Record accommodation status for the past four weeks

e Acute housing problem Yes ☐ No ☐

Enter 'Y' or 'N'

f At risk of eviction Yes ☐ No ☐

Enter 'Y' or 'N'

g Client's rating of overall quality of life (able to enjoy life, gets on with family and partner, etc)

Poor 0 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 Good

0–20

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Treatment Outcomes Profile (TOP)

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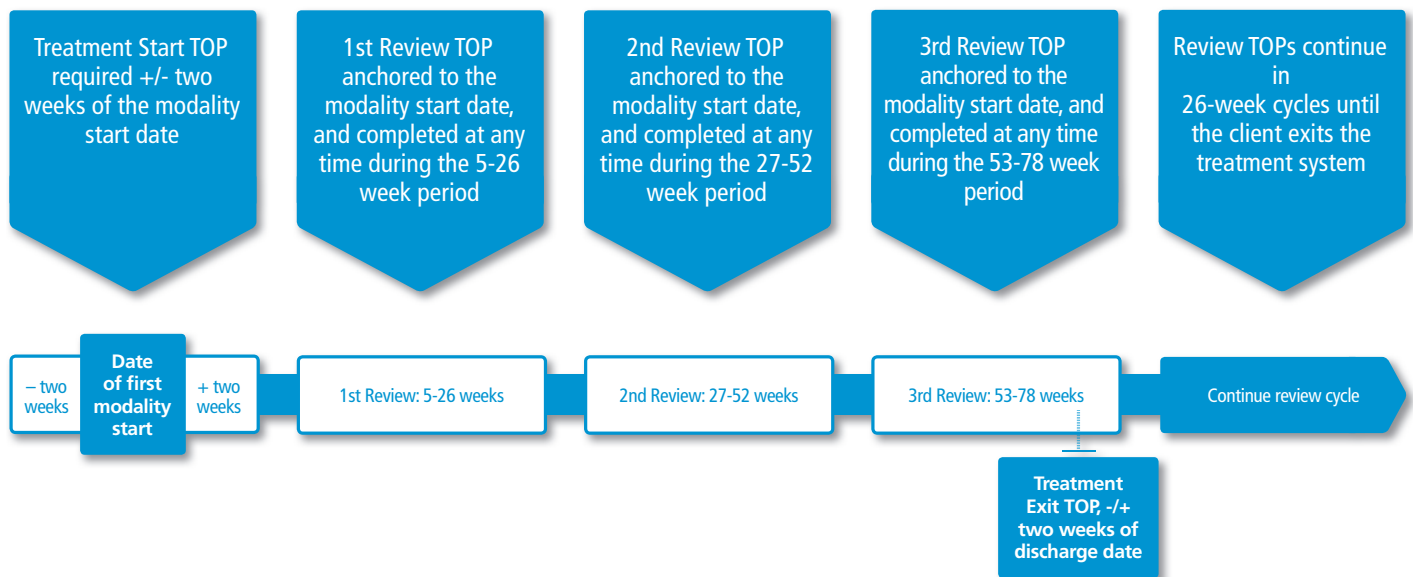
About the TOP

The TOP is a validated tool for monitoring the changes that occur during treatment for service users. It was developed by the NTA and implemented throughout the English drug treatment system in 2007 to provide service users, clinicians, service managers and commissioners with objective and comparable information about 'real' changes that occur in service users' lives, in order to inform and improve practice on both an individual and strategic level.

It is a simple set of questions that can aid improvements in clinical practice by enhancing assessment and care plan reviews, helping to ensure that the clients' needs are identified and addressed in the care plan and place them in the best position to help them meet their treatment goals.

The TOP should be completed with clients in all Tier 3 and 4 structured treatment modalities (as defined by Models of Care: 2006 update) at the start of treatment (Treatment Start TOP), periodically throughout the clients treatment journey (Treatment Review TOP) and when the client exits the treatment system (Treatment Exit TOP)

We recommend that the TOP is completed during the care planning process. It is good practice to review a client every 12 weeks. However, this may be more or less frequent depending on individual need. The TOP should be reported to NDTMS in accordance with the reporting protocol below.

The protocol for TOP reporting

| Treatment Start TOP required +/- two weeks of the modality start date | 1st Review TOP anchored to the modality start date, and completed at any time during the 5-26 week period | 2nd Review TOP anchored to the modality start date, and completed at any time during the 27-52 week period | 3rd Review TOP anchored to the modality start date, and completed at any time during the 53-78 week period | Review TOPs continue in 26-week cycles until the client exits the treatment system |

– two weeks | **Date of first modality start** | + two weeks | 1st Review: 5-26 weeks | 2nd Review: 27-52 weeks | 3rd Review: 53-78 weeks | Continue review cycle

Treatment Exit TOP, -/+ two weeks of discharge date

How to complete the TOP

Start by entering:
- Client name and identifiers (date of birth and gender)
- Your name
- Date of assessment
- The stage at which you are completing the TOP – Treatment Start, Review, Treatment Exit, or post Treatment Exit.

Types of responses:
- Timeline – invite the client to recall the number of days in each of the past four weeks on which they did something, for example, the number of days they used heroin. You then add these to create a total for the past four weeks in the blue NDTMS box
- Yes and no – a simple tick for yes or no, then a 'Y' or 'N' in the blue NDTMS box

- Rating scale – a 21-point scale from poor to good. Together with the client, mark the scale in an appropriate place and then write the equivalent score in the blue NDTMS box.

A few things to remember
- The blue shaded boxes are the only information that gets sent to the NTA
- Week 4 is the most recent week; week 1 is the least recent
- The Treatment Start TOP should always capture pre-treatment drug use, so it is important that the recall period is the 28 days before the treatment start date. Not doing this will skew outcomes as there is likely to be a lower baseline.

Calculating alcohol units

$$\frac{\text{Volume (ml)} \times \text{\%ABV}}{1000}$$

Thank you for your contribution to NDTMS by using the TOP