

Clinical Bands - Self Report : adult 16+

SESSION BY SESSION - HOW ARE THINGS?

CLINICAL BANDS FOR ADULT 16+									
PROBLEM DESCRIPTION		MALE /FEMALE							SCALE DEFINITIONS
		Severity Rating				Clinical band			
		Mild	Moderate	Moderately Severe	Severe	Unlikely	Possibly (Borderline)	Probably (Clinical)	
1	Anxious generally	5-9	10-14	-	15-21	0-7	-	8-21	Generalized anxiety
2	Depression/Low mood	5-9	10-14	15-19	20-27	0-9	-	10-27	Major depression